



3+
years

The Art of Learning™

ALL ABOUT ME
Activity Book



This Is Me

In this activity you'll prepare a cutout paper figure that looks just like you! Find a color that best matches the color of your own skin, and then draw on some simple clothing—don't worry, you'll make many outfits in future activities!

- 1** Gather a cutout paper figure and the pack of markers.
- 2** Draw some simple clothing onto the figure, such as a bathing suit, underwear or shorts and a tank top. You will make more clothes in the following activities.
- 3** On the back of the figure, make some marks using the multicultural markers. Hold your arm up next to the marks and determine which color is closest to your skin tone. Flip the figure over and color the face, arms and legs with the chosen color.
- 4** Add facial features like eyes, a nose and a mouth.
- 5** Think about your hair—what color is it? Is it long or short? Use the glue pen to add raffia hair and trim it with scissors as desired.



Creating Clothes

Now that you've created your own figure, it's time to dress it up! What kind of clothes do you like to wear? Do you have any favorite outfits? Recreate your favorite articles of clothing and cut them out to dress up your paper figure.

- 1** Gather some drawing paper, a pencil, scissors and markers.
- 2** Use the pencil to trace the shape of your figure onto a piece of paper.
- 3** Draw some clothes onto the traced outline of your paper figure. Some ideas you might try are a shirt, long pants, a dress and even shoes. Draw a few tabs at the edges of the outline that you can bend around the back of the figure to hold them in place.
- 4** Cut out the clothing items that you've drawn. Be careful to include the tabs that you've drawn as well.
- 5** Dress your paper figure in their new clothes by bending the tabs over and around the back of the body. This will help hold them in place.



Dress for the Weather

Think about the kinds of clothes that you wear when the weather is hot. What about when it is rainy, cold or snowy? In this activity you can make the perfect outfit for any kind of weather! Repeat this activity for more new outfits!

- 1** Gather drawing paper, a pencil, scissors and markers.
- 2** Trace the cutout figure onto drawing paper.
- 3** Think about the kind of clothes you would like to make and then draw them. Ideas include a raincoat, jacket, hat, mittens and boots.
- 4** Use markers to color and decorate the clothes. Draw tabs at the edges of the clothing that you can use to keep the clothes attached to the figure.
- 5** Cut out the clothes, including the tabs, and dress your paper figure for the weather! Display your paper figure for your friends and family. You might even pretend to be a meteorologist and explain what the weather is like.



Special Clothes and Accessories

Do you have certain outfits you like to wear for parties and events? Recreate your own clothes or make your dream outfits to dress up your paper figure! This activity provides a great chance to experiment with color and texture.

- 1** Gather a pencil, scissors and markers. You might also look around for interesting materials to use, such as ribbon, yarn, buttons, foil, printed paper—anything that might make a unique texture or visual addition.
- 2** Trace the outline of your paper figure onto a blank sheet of paper.
- 3** Draw your new clothing outfits as you did in the previous activity. Some accessory ideas you might create include a tie, jewelry, a hat or a scarf.
- 4** To make puffy clothing items, draw clothing on white paper as in the previous activities. Then use a piece of lightweight paper (like tissue paper or gift wrap) to draw clothes that are a little larger. Bunch up the thinner paper and glue it to the white paper piece.



Journal: Cover Art

A journal is a special book that can be anything you want it to be. In the following activities you'll find lots of ways to make your journal personal and all about you! But first, decorate the cover with creations of your own design.

- 1** To get started, simply gather your journal and markers. You may also want to gather other decorative materials, ribbons, printed paper or other supplies for decorating.
- 2** Write your name on the cover of your journal using a pencil. Create large letters that will be easy to read. If you make a mistake, you can always erase and start over.
- 3** When you are satisfied with the drawing of your name, color it in with markers to make big, bright letters.
- 4** Decorate the cover of your journal with any kind of designs you like. Some ideas include stripes, zigzags and rainbows. You might even add stickers, glitter or ribbons. Create anything you like to reflect your own personality.



Journal: Self Portrait

Your journal is all about you, so let's get it started with a drawing of yourself! In this activity, you'll observe your own reflection and create a self-portrait using multicultural markers and specific details that make you, you!

- 1** Begin by gathering a journal, markers and a mirror to observe your reflection.
- 2** Observe your reflection in the mirror and ask yourself the following questions: what shape is your face? What color is your skin? Where are your eyes? Do you have a big smile? Is your hair long or short?
- 3** Use the markers to draw a picture of yourself. Choose markers that best match your skin tone and draw your eyes, nose, mouth and hair.
- 4** Think about other details that you might include. How is your hair styled? Are you missing a tooth? Do you have a favorite necklace or other jewelry that you wear? Use any details that you choose.
- 5** Write your name on the page and admire your beautiful self-portrait.



Journal: My Family

We are all shaped by our families and the loved ones around us. Because of this, they make a great addition to your personal journal! Do you have a large or small family? What are their names? Include these details and more!

- 1** Gather your journal, markers and a pencil.
- 2** Think about and discuss the following questions: Who are the members of your family? Do you have a mom? Do you have a dad? Are there any other children in your family? Do you have grandparents, aunts or uncles in your family?
- 3** Draw each member of your family in your journal. You may draw your immediate or extended family as desired.
- 4** Write something about each family member, such as their name, what they like to do or why they are special to you.



Journal: My Home

Where you live can have a great impact on the person that you are! Think about the place that you call home. What is special about it? What do you like about it? Record your observations in the form of a drawing in your journal.

- 1** Gather your journal and markers. You may also wish to use a photo of your home as a reference.
- 2** Think about where you live. Do you live in a house? A mobile home? An apartment? What shape is your home? What does the door look like? How many windows can you count?
- 3** Draw your home. Add any details that make your home feel special. Think about whether there are steps, trees, plants or vehicles near your home.
- 4** Once you've completed your picture, write your address on the page so that you'll always remember your home.



Journal: My Hopes and Dreams

Your journal is a story all about you—what is important to you, what you like and what your hopes are for the future. In this activity, you'll visualize something that you hope for in the future. What do you see in your future?

- 1 Gather your journal and markers.
- 2 Think about something you hope for in the future. Maybe you would like to visit someone. Maybe you would like to have a party. You might also think about what you'd like to do when you are grown up.
- 3 Draw a picture of something that you hope for. You can share this hope with someone or keep it your own secret hope.
- 4 Do you have many hopes and dreams? If so, use additional pages! Fill several pages with your hopes for the future and refer back to them at any time. Over time, your hopes may change and you may wish to create new drawings.



Journal Photos

Nothing captures a moment quite like a photo! Show off your favorite photos by gluing them into your journal. Before getting started, print some of your favorite photos of you, your friends, family—anything you like!

- 1** Gather your journal, printed photos and tape or glue.
- 2** Gather photos of yourself, your family, your home, your pet, your favorite food and anything else that helps show off you, your interests and your personality. Sporting events, birthday parties and special trips are some additional ideas.
- 3** Cut the printed photos so that they fit onto a journal page. Then, tape or glue the photos to the page. You can add names, write stories or add stickers, glitter or other decorations to your pages.
- 4** Your journal is all about you, so draw, write or include more photos to make your journal your own special story!





The Art of Learning™

Colorations® Makes Learning Fun

Discover The Art of Learning™ with creative activities, quality materials and unforgettable teaching moments. Since 1985, our products have been loved by teachers and parents for their quality, versatility and affordability.



Creativity Without Boundaries

Create inspired moments of learning! When children make discoveries through open-ended creative activities, they learn valuable ways to express themselves and build the skills they'll rely on for a lifetime.

Join our online community!



Colorations.com
1-800-627-2829

#RKALLME
PRINTED IN CHINA

©2022 Excelligence Learning Corporation

⚠ WARNING
CHOKING HAZARD-Small parts
Not for children under 3 yrs.

Hundreds of FREE creative activities at Colorations.com