

## Dear Family,

Really Good Stuff encourages you and your child to explore and learn together as a family. Research has shown that at-home family involvement in the learning process makes a positive impact on child achievement and development. The materials in this kit were carefully chosen by teachers to help your child practice and build on important skills such as counting, reading readiness, number, color, shapes, and letter recognition. There is even an important social-emotional element included, the Infinity Symbol Breathing Card, which promotes self-regulation skills.

This kit is full of support tools for hands-on repeated practice, as well as some items that are designed for single use, but can become reference material after initial usage. Included are items such as journals, games, flash cards, books, dry erase mats, and more! We are happy this Really Good Stuff kit has found its way to you! Please continue reading below to see more about each item in the kit. Enjoy!

### **Math Readiness Journal**

With this journal, and adult support, your child will be able to follow the directions to complete a variety of unique tasks while working with numbers to 10. Your child can use a writing utensil of their choice. You can encourage your child to start on page 1 and move through the journal to build on skills as they progress.

### **Fence the Puppies – Math Subitizing Game**

With this game, your child will be able to quickly recognize and name numbers 0 to 5 across many different representations (tally marks, dice, etc.) This game has a cute puppy theme, and includes a separate instruction card, along with a game mat, chips, and a sand timer. This is an engaging activity that can be used repeatedly.

### **School Readiness Flash Cards**

With these flash cards, your child will be able to identify a variety of letters, colors, and shapes. They will also be able to identify positional words and opposites. You can use these flash cards by holding them up, one at a time, while your child names the items shown. On some flash cards, you will notice a short prompt – just read the prompt aloud to your child and give them time to answer.

### **Tiny Take-Home Books**

With these Tiny Take-Home Books, your child will be able to practice book handling skills, basic concepts of print, reading, and comprehension. Your child can use the books to identify the cover, back cover, title, and the pages. Ask your child to hold the book, flip the pages, and read the pictures together with you, naming what you see on the pages. Refer to the inside cover and back cover of each book for more tips on how to read with your child!

### **Alphabet Song Tap and Track Card**

With this Alphabet Song Tap and Track Card, your child will be able to tap the letters of the alphabet while naming each one. Your child will hold this item in their hands, place their finger on GO, and as they are reading, tap and sing along all the way down to letter Z. Each dot has a special fuzzy texture which will increase engagement.

### **Dry Erase Mats**

With these dry erase mats, your child will be able to use a dry erase marker (included) to complete different activities. Your child will be able to draw pictures, write their name, trace letters, numbers, and more! Be sure to encourage a proper utensil grip by making sure your child is pinching the marker between their thumb and pointer finger, then wrapping their other fingers into their palm.

### **Infinity Symbol Breathing Card**

With this Infinity Symbol Breathing Card, your child will be able to regulate their emotions when things get stressful. Show your child how this card can be a great tool for them to use to calm their brain, body, and find their breath. You will want to model how to use this card before a stressful time arises, that way they can access it when needed. Be sure to reference the back of the card for full instructions.